

MINUTES
Eastern Connecticut Health and Medical Cooperative
Board Meeting – December 19, 2019
9:00 – 11:00 AM- Room 107
LEARN, 44 Hatchetts Hill Road, Old Lyme, CT

Members Present: Nat Brown, Julie Pendleton, Deb Martin, Ian Neviasher, Holly McCalla, Sue Cunningham,

Others present: Mike Belden, Joanne Lund, Lynn Iannuzzi-DiBene, Thomas Kowalchik,

Meeting called to order at 9:06 AM

Standing Agenda Items: Discussion and Possible Action

1. Agenda:

Reviewed, no changes made

Agenda will be posted on Monday the week of the meetings

2. Approve minutes of October 24, 2019:

Motion made by N. Brown seconded by J. Pendleton to approve the minutes as written

Approved: 6-0-1 Holly McCalla abstained

3. Approve minutes of November 21, 2019:

Motion made by H. McCalla seconded by N. Brown to approve the minutes as written

Approved: 5-0-2 Sue Cunningham and Jan Perruccio abstained

4. Approve minutes of November 26, 2019:

Motion made by J. Perruccio seconded by I Neviasher to approve the minutes as written

Approved: 5-0-2 Sue Cunningham and Nat Brown

5. Financial Status Report

- a. Net position is \$2,120,058– down from last month.
- b. Overall claims decreased \$35k
- c. Revenue: shows decrease because last month reflected \$423k Clinton BOE and two months of Region 18 revenue
- d. Clinton BOE invoices outstanding: \$61,641 August through October and \$762 not yet invoiced for new medical claims
- e. Year-over-year claims are down \$47k
- f. Dashboard – Nat Brown reviewed dashboard. The number of large claims are up 5 for the month of November for a total of 23 (over \$50k). We are about 50% of progress toward goal of \$3.6 million.

6. Update from Vendors:

- a. Tom indicated the initial 15-month projection at -4.32%
- b. Cigna projection currently at 1.48%
- c. Our current rate increase is set at 10% for budget projections
- d. Aggregate max exposure is \$2.1 million
- e. Tom's recommendation is to continue to build reserve
- f. Discussion of letter from Comptroller for comparison to State Plan 2.0 may be forthcoming
- g. State Plan increase is projected at 8 to 9%

- h. In regard to RFP: some carriers are looking for stop/loss through December which may require a special meeting in January or February. May also need to extend the deadline if possible.

Old Business

1. Informational Brochure and FAQ sheet

- a. Review and discussion of language changes on comparison list of each collaborative
- b. List all members of collaborative along with officers
- c. Discussion of holding informational luncheon for districts or towns with potential interest in collaborative. Two luncheon locations at restaurants in Middlesex and New London Counties

2. Wellness Update:

- a. Preventive testing percent per member:
 - Old Saybrook 48%
 - North Stonington 44%
 - LEARN 61%
 - Region 18 64%
 - Clinton 34%
- b. Discussion of Sub-Committee for Wellness – survey, campaigns
- c. Wellness Fair stations:
 - Biometric testing
 - Financial Advisors
 - Flu Shots
 - 403-b representatives
 - Sleep studyPossibly hold event on PD day or at Convocation

New Business

Agenda Set: Wellness Fair, Cooperative Luncheon, Informational Brochure & FAQ, Renewal Rate, Review RFP responses

Sue indicated there is a new Town Manager in Clinton that will begin attending soon.

Motion to adjourn by H. McCalla and J. Perruccio 10:54 A.M.

Motion approved: 7-0-0

Next Regular Meeting –January 23, 2020 at 9:00 A.M.

Respectfully Submitted,
Deborah Martin

